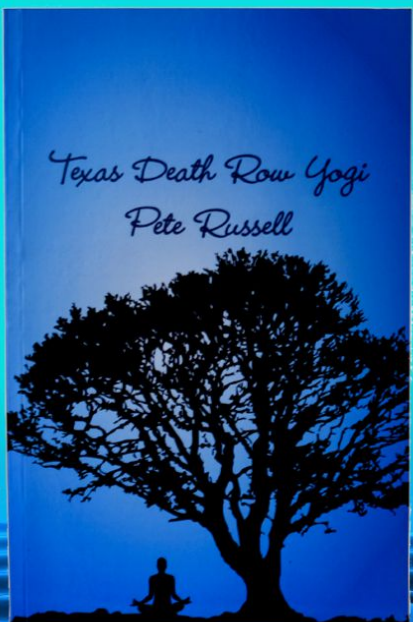


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Pete Russell

A fascinating book that reveals  
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Pete Russell grew up in one of the most violent areas of Houston and, after a life with a lot of difficulties, ended up on Death Row in Livingston, Texas. Yoga came into his life when he was already incarcerated and this helped him to change his life. He realized that he didn't come into this world as a criminal and Yoga allowed him to find his true nature.

Pete has committed his experiences to paper. Texas Death Row Yogi is one of the most remarkable books about yoga to have appeared during the past years. It is written with a profound understanding of the old philosophical texts of yoga, but also of the scriptures of different religions. Pete explains them in a clear language and always comes to the essence.

This book shows us that it is never too late and that even in the most difficult circumstances one can find the path to a spiritual life.

Available on [www.lulu.com](http://www.lulu.com) en [www.amazon.com](http://www.amazon.com)

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